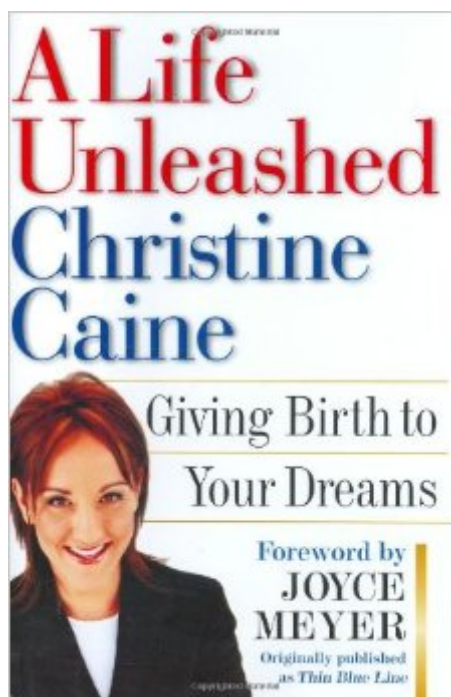


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# A Life Unleashed: Giving Birth To Your Dreams



## Synopsis

Gifted communicator and Bible teacher Christine Caine reveals the steps to unleashing the potential in each of us. God has divinely created each of us with incredible potential--seeds that can grow into something significant. However, the past, current circumstances, or social conditions can cause us to forsake these seeds or allow them to lay dormant. During her 40-week pregnancy, Christine Caine discovered that conceiving, carrying, and giving birth to her daughter has much in common with actualizing our potential and realizing our dreams. In *A LIFE UNLEASHED*, she uses this metaphor of pregnancy to walk readers through the journey that will ultimately result in experiencing the fulfillment of our own God-given dreams. It's a journey of both excitement and pain. In the same way women encounter nausea, restrictive dietary habits, and contractions during pregnancy, there will be challenges to overcome while giving birth to our dreams. But in due time we will see the fruit of that original seed of potential. Christine encourages readers that with continued trust in God--regardless of the obstacles--His plans and purposes will come to pass.

## Book Information

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## Customer Reviews

I love her writing. The truths in this book are utterly vital in a life unleashed. Rereading it now and so grateful to Chris for sharing her life and world. Some of her later books are in a style of hers that shows how she has matured in her writing, and this will always be a favorite. I love how other brave women have gone before us in the life of faith and what we can learn from them. But we must not just read it, but actually live it!

This is Christine Caine's first book and it wasn't her last. She has a love of God and she shows you how God is not unreachable, but a Father Who is not only interested in you, loving you, but she shows you how that dream inside you comes from God AND how to help bring it to pass by walking closer to Him. Her teachings are practical and easy to apply in your life! Get ready to LIVE your life unleashed!

If you need a little inspiration, motivation or are just looking for a good read - GET THIS BOOK! It will inspire you not to give up, and that it really is possible to go after the dream in your heart...as well as see that dream become a reality! This book not only contains great teaching - but it will have you on the floor with laughter at points! I'd encourage anyone (young, old, male, female, whoever!), to get this book. \*Warning\*...it could change your life!

Her zest for life is creative and boundless. Turn the page on how you can take your heart, inspiration and talents to become the "you" who is content and purpose-filled.

Gives Biblical principles to use in helping change attitudes and self talk regarding how to live the life God has for us.

In her down to earth "tell it like it is" style, Chris Caine uses her own pregnancy experience as a parallel for the process of giving birth to God-given dreams placed on the inside of every individual. This is A MUST READ!!!

I saw her give her talks at lifechurch.tv, and decided I had to try out her book. I absolutely loved reading it, and totally love her! ...I

Once you start this book it is hard to put it down. Christine Caine does a great job on revealing how she pursued the dream God planted in her heart!

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